

LISA G

MODULE 1

Be Unstoppable with
Crystal Clear Clarity

WORKBOOK

LISA G | HIGH-PERFORMANCE COACH

MODULE 01

Be Unstoppable with Crystal Clear Clarity

VISUALIZATION



What is your ultimate goal? What does that look like? You're the CEO of your life.

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VISION STATEMENT

What are your **short-term goals** (in 3 months to a few years)?

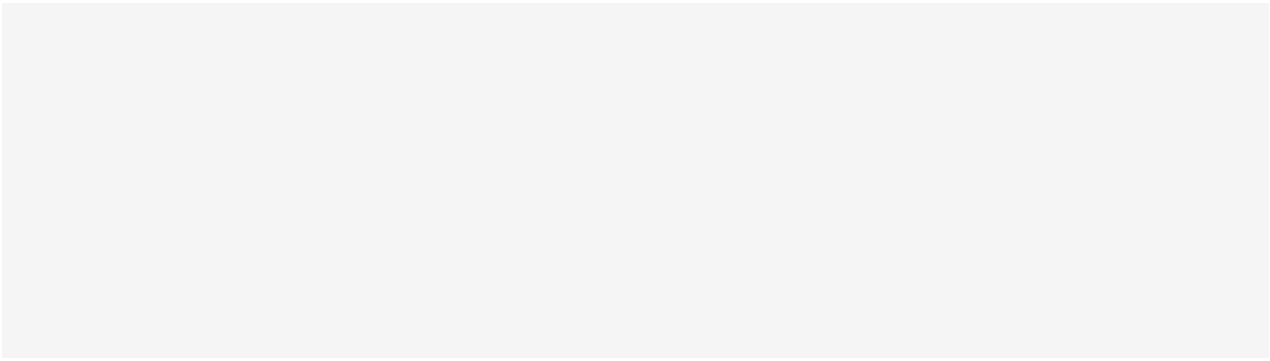
What are your **long-term goals** (in 3-5 years from now)?

Remember to track your progress. Have a schedule to review your goals.

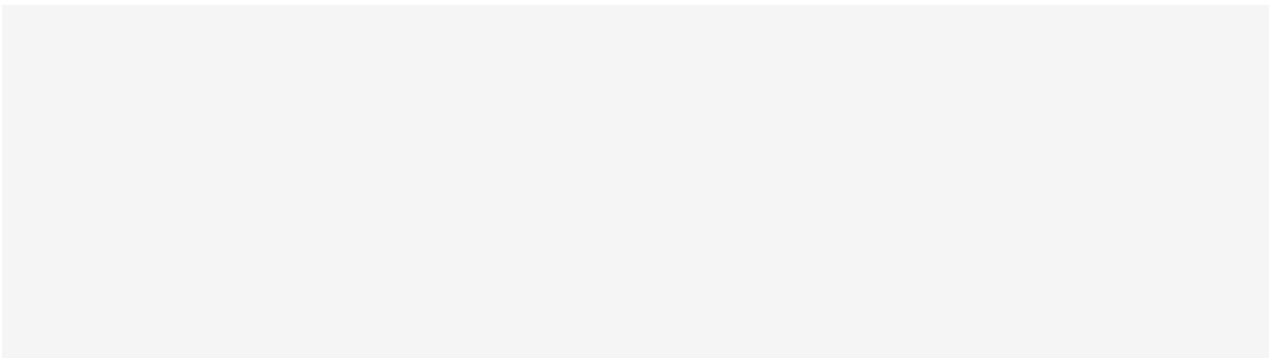
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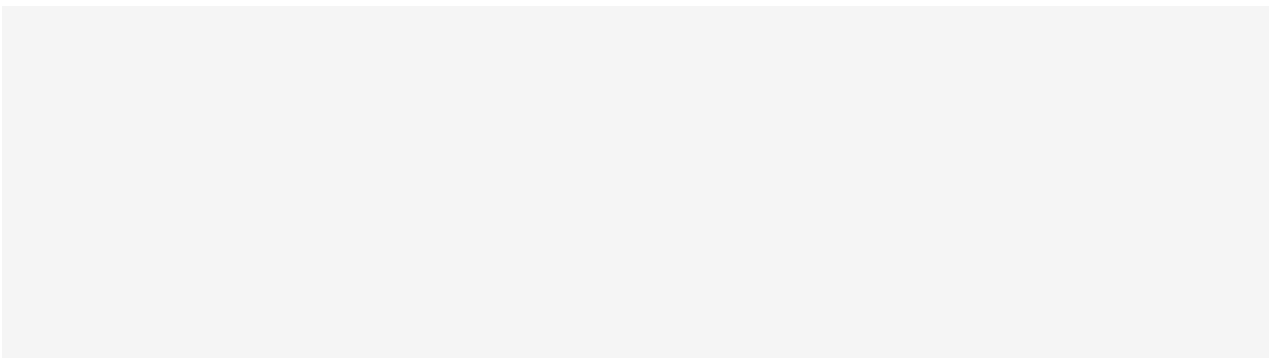
What obstacles are in the way of your goals and vision?



What more could you do to reach your goals and vision?



What are your previous accomplishments? It's time to look back and see how far you've come.



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ACTION PLAN

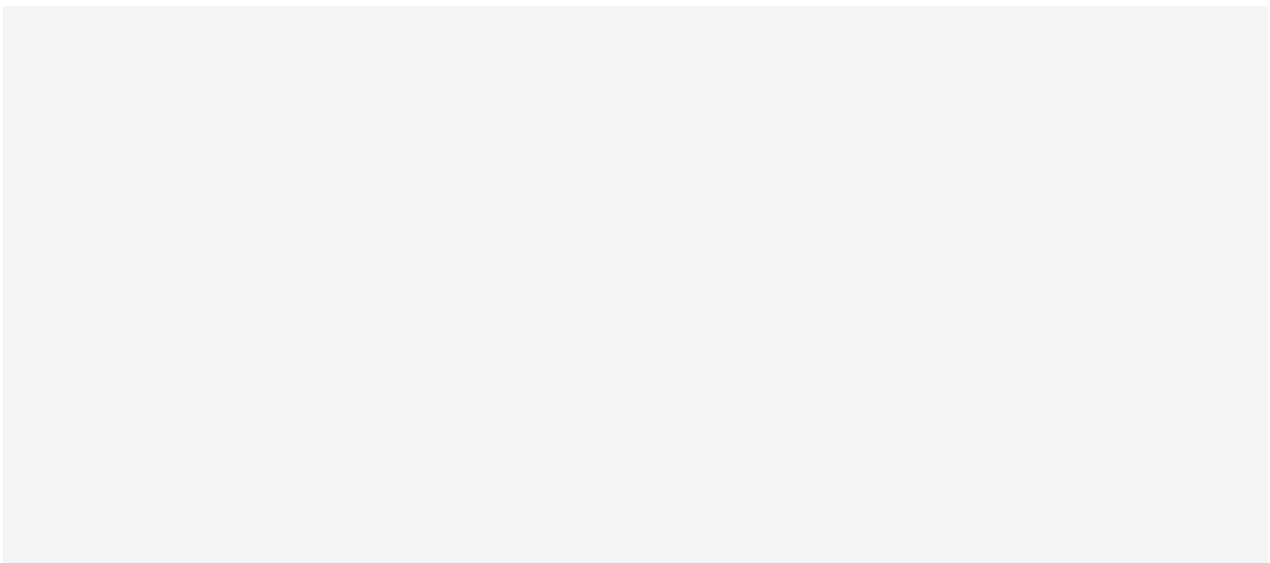
	YOUR TOP 5 GOALS	ACTION ITEMS	PROVIDE A DEADLINE	HOW DID YOU DO?
GOAL 1				
GOAL 2				
GOAL 3				
GOAL 4				
GOAL 5				

MODULE 01

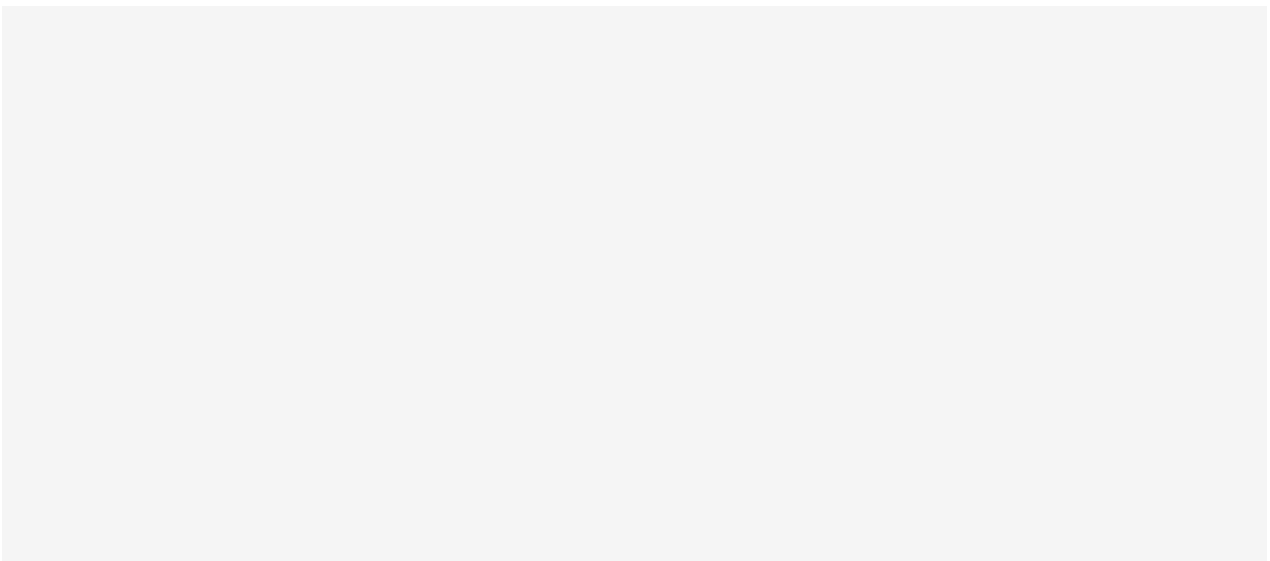
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REFLECTION

QUESTION #1: What challenges are you struggling with at the moment?



QUESTION #2: Where will you be in 3-6 months from now if you change nothing at all?



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ACCOUNTABILITY



Support Circle: List down all the names you can rely on for being your accountability partner or just simply someone who can root for you as you go on your journey.