

SUCCESS ROADMAP

INSTRUCTIONS: Reread your action plan from Module 01, but now break each of the larger goals down into smaller action items, listing the systems you'll need or naming an accountability partner or coach, setting a deadline, and establishing KPIs to track your progress.

GOAL

ex. Lose 5 pounds by end of month (November 30 2022)

KPI	SMALLER ACTION ITEMS	SYSTEM / COACH	DEADLINE	STATUS
ex. Lose 1 pound after Week 1	Week 1: work out daily for 30 mins	Exercise Mat, Coach Lisa	November 7	ACHIEVED
	Week 1: Track calorie intake daily	MyFitnessPal	November 7	ACHIEVED

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